



THE INTERNATIONAL &  
AMERICAN ASSOCIATIONS  
OF CLINICAL NUTRITIONISTS

## 2018 27TH ANNUAL IAACN SCIENTIFIC SYMPOSIUM

### “Infectious Disease: The Influence of Clinical Nutrition on Outcome”

Acute, chronic, and co-morbid infections are more frequently usurping the attention of the medical community as well as society, in that they're involved in a wide spectrum of disorders, from arthritis to cardiovascular disease to cancer. Clinicians, other than MD's, DO's, and the pharmaceutical industry, historically have been ostracized to a “hands off” policy when it comes to consulting with someone who has an infection, or as we call it, an opportunistic overgrowth. But for the first time in 27 years, the IAACN will present tools to better equip clinical nutritionists so they can immediately attend clients/patients with these maladies.

In the past, we have focused on the long-term prevention of microbial take-over by building and enhancing a stellar defense system, in other words, creating an inhospitable host. But are we aware of methods to help the client/patient who presents with an acute infection today?

Clinical nutritionists are not strangers to the ever growing limitations and detriments of the conventional, anti-microbial treatments for acute and chronic infections. We know that by studying the mechanisms of action of various herbs, nutrients, and homeopathy, as well as the intricacies of the immune system, outcomes can improve with the use of clinical nutrition and that the clinical nutritionist can help those with infections heal themselves. These interventions can be employed alongside or in lieu of conventional medicinal protocols. We are also aware that it is the mind-body psychoneuroimmunoendocrinologic connection that must overcome infection, not the non-existent, magic allopathic bullet.

In our first symposium to focus on infectious disease, our speakers will elucidate for us methods of identification, administration of therapies, and remediation.

Back by popular demand, **Kendal Stewart, MD** is our 2018 Keynote Speaker. He will discuss syndromes that require nutrigenomics, the biochemistry related to polymorphisms, and nutritional treatments for recovery from chronic infection. Of particular interest is the use of new testing technology to elucidate which persons are genetically susceptible to various types of infectious disease.

**Shannon Smith, DC, CCN** will bring us his years of experience and expertise in the intricacies of testing and treatments of Lyme disease and co-infections. Many suffer from post treatment Lyme disease syndrome. Dr. Smith will review immune suppression, autoimmune complexes, and parasitic as well as biofilm influences as obstacles to cure.

In his presentation, "Significant Hidden Infections: Identification and Treatment Protocols," **Carlos Viana, OMD, CCN, FACACN, CAAd, CRT** will give light to the identification of hidden infections and the cryptic impact they have on our immune system and functioning. Because they can affect many areas such as the GI tract, the liver, and the jaw, Dr. Viana will discuss different alleviation strategies and when to use them.

The team of **Rob MacCuspie, PhD**, and **Robert Scott Bell, DA, Hom**, will review the research and clinical application of using homeopathic silver and colloidal silver for the mitigation of pathologic infiltration and immune system enhancement. They will give tutorials on the use of silver in infectious conditions.

Translational work is how **Susana A. Galle, PhD, MSCPpharm, CTN (ND), CCN, CCH** summarizes her lecture, "Mental/Emotional Factors in Infections: How Metabolic Nutrition Helps." If part of the clinician's job is to determine how the mind influences the brain, glands, and immune system, then so, too, should the clinician use the mind to help the body in overcoming immune dysfunction and infections. She will further discuss how different patient experiences will determine the approach to intervention.

Homeopath and professor of homeopathy, **Kim Elia, BA**, will review the principles of homeopathic medicine and the historical use of homeopathy in global epidemics. He will update us on the modern applications of homeopathic remedies in infectious disease.

**Anne Summers, PhD** will fully explore how the placement and displacement of microbiomes affects the system in her lecture titled "The Human Microbiome, Anti-Microbial Resistance, and Dental Amalgams." Current research on the consequences of toxicants and the bacterial gene transfer in the human microbiome will be presented.

This year, **Russell Jaffe, MD, PhD, CCN** will wrap up our symposium with an integration of the previous presentations and will further explain how repair deficit can snowball into chronic autoimmune and degenerative and infectious illnesses. He will then go over clinical studies showing ways to restore tolerance and achieve sustained remissions.

We look forward to seeing you all in Plano! [www.iaacn.org](http://www.iaacn.org)

"Infectious Disease: The Influence of Clinical Nutrition on Outcome"

October 11 – October 13, 2018

October 10 – Registration 4:00 p.m. – 8:00 p.m.

October 11 – October 13, 2018 – Main Sessions

Dallas/Plano Marriott at Legacy Town Center

7121 Bishop Road

Plano, TX 75024

IAACN Room Rates \$172.00 (BOOK YOUR ROOM EARLY BELOW-ROOM BLOCK FILLS RAPIDLY). <https://www.iaacn.org/2018-symposium/>